

Qigong Self-Healing Workshop

Torridon, Sunday 26th November



Why come?

- ◆ Discover the wisdom of nature's best kept secret - Qigong
- ◆ Learn healing movements, breathing techniques and meditation
- ◆ Understand how to connect to universal energy and fill up your own energy bank account

About Neale Svenson

Neale is an Energy Healing Expert who has been with lineage Qigong masters for the last 25 years studying and practising Qigong. With this knowledge and experience Neale is teaching students some of the most amazing and powerful Qigong. Acupuncture treatments also available for this weekend. Book Now.

When: Sunday, 26th November,
10.30am-1.30pm

Where: The Torridon Community Centre,
Torridon, IV22 2EZ

Cost: £25 pounds

Contact: Neale Svenson 07447 423 531 or
neale@taoistschoolofhealth.com

"I really enjoyed the workshop! My energy has increased, my mood is positive and I feel propelled into action which is movement for me ... my pain has eased and I'm more relaxed and joyous. Thanks again." Jane Barker